

## EMERGENCY FIRST AID +

For the best chance of survival, dogs suffering from heatstroke urgently need to have their body temperature lowered, but this needs to be done gradually or they can go into shock.

If your dog has collapsed, call a vet immediately as they may advise attending as a matter of emergency rather than starting treatment yourself. In milder cases, you can follow these first aid steps to start lowering your dog's temperature:



MOVE THE DOG TO A SHADED AND COOL AREA.



IMMEDIATELY START POURING SMALL AMOUNTS OF ROOM TEMPERATURE (NOT COLD) WATER ONTO THE DOG'S BODY (COLD WATER MAY CAUSE SHOCK). IF POSSIBLE, YOU CAN ALSO USE WET TOWELS OR PLACE THE DOG IN THE BREEZE OF A FAN. IF USING WET TOWELS, BE SURE TO RE-APPLY WATER REGULARLY AND NOT TO KEEP THE DOG CONSTANTLY COVERED – SOMETIMES THIS CAN ACTUALLY HEAT THEM UP INSTEAD OF COOLING THEM DOWN.



ALLOW THE DOG TO DRINK SMALL AMOUNTS OF ROOM TEMPERATURE WATER.



CONTINUE TO POUR SMALL AMOUNTS OF ROOM TEMPERATURE WATER ONTO THE DOG UNTIL THEIR BREATHING STARTS TO SETTLE BUT NOT SO MUCH THAT THEY START TO SHIVER.



ONCE THE DOG IS STARTING TO GET COOLER AND THEIR BREATHING IS SETTling DOWN, CALL THE NEAREST VETERINARY SURGERY SO THEY CAN BE CHECKED OVER.

# IF YOU SEE A DOG IN DISTRESS IN A HOT CAR

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## FIVE SIGNS OF HEATSTROKE:

1 IS THE DOG PANTING HEAVILY?

2 IS THE DOG DROOLING EXCESSIVELY?

3 DOES THE DOG APPEAR LETHARGIC,  
DROWSY OR UNCOORDINATED?

4 IS THE DOG VOMITING?

5 HAS THE DOG COLLAPSED?

If your dog is showing any of these signs please follow the emergency first aid steps overleaf and contact your nearest vet if necessary.



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# RESS IN A HOT CAR